

LIVING AN ACTIVE LIFESTYLE

There are plenty of ways to lead an active lifestyle while living in Las Vegas. Sure, the city is known for world-class entertainment and hospitality, but it's also known for an abundance of hiking, walking trails and fitness options to keep you feeling your best. Here are a few fun events and activities to help achieve a healthy and balanced lifestyle.

Wellness Festival returns to Downtown Summerlin® on Saturday, April 7 with the 17th Annual Tour de Summerlin at 7 a.m. and the 9th Annual Summerlin Half Marathon at 7:15 a.m. After the cycling and half marathon is finished, the property is hosting a Wellness Festival, presented by Summerlin Hospital Medical Center. It's free, open to the public and runs from 9 a.m. to 4 p.m. This family friendly celebration focuses on health, wellness and fitness.

The event incorporates complimentary fitness classes all day from **Pure Barre**, **lululemon**, **TruFusion** and **Dance Dynamics**, children's activities including a climbing wall presented by **ABC Action Adventure** (\$6 per climb) and entertainment by **Off-Axis Acrobatics**, as seen at the Nickelodeon Kids' Choice Sports Awards, with four shows throughout the day starting at 10 a.m. The day-long event takes place on The Lawn at Downtown Summerlin.

Visit www.summerlin.com for more details.

Enjoy the thrill of a good workout? **Pure Barre** is made up of determined athletes, mothers, daughters, glass-ceiling breakers, 9 to 5 grinders, caretakers, survivors, and risk-takers who are all working toward a common goal of becoming better versions of themselves. The workout hot-spot recently opened a location on the second level of Downtown Summerlin and boasts a strong assortment of classes daily.

Prefer to get your workout done outdoors? There are a variety of hiking spots throughout the valley, but one of the most scenic and popular is **Red Rock Canyon National Conservation Area** along the valley's western edge. From the Moenkopi Loop to Ice Box Canyon, the options for endless for a hike outdoors.

What better way to find inner peace than the **Wellness Membership at The Spa at Red Rock by Well & Being**. A single monthly membership is \$200 a month and includes unlimited fitness classes, daily access to the spa facility, fitness center and spa pool for member's only. Additional perks for joining include unlimited preferred pricing on select message and facials, complimentary monthly Bod Pod/Body Composition Session, 10% retail discount daily and two complimentary day passes for member's guests. **Membership is exclusive to the location purchased. Preferred pricing valid for W&B Signature Massage and Facials only. Other restrictions may apply.*